

Muscles

Worksheet A Teachers

Contract, skeletal muscle, biceps, voluntary, involuntary, cardiac muscle, coordinate, strength, frown, endurance, movement, exercise, cramp, dehydration, massage, twitch, tendons.

Kinds	Movements	Problems	Other
Skeletal muscle Biceps Cardiac muscle Tendons Involuntary voluntary	contract coordinate movement exercise frown	Cramp Dehydration Twitch	Endurance Strength Massage